

8 Anna, the football player

Presenter: Welcome to *Young People's Sports*. We are going to talk about young people's sporting activities, what is great about them and the problems sportspeople sometimes have. Today I would like to welcome, Anna from London. Anna, you're a football player. Can you tell us something about your team and about the training?

Anna: Sure. I've been playing football for six years. I started when I was seven and I just love playing football. When I was little, I always played with the boys in the park after school. I was the only girl. You know what? The boys told me to go in the goal. That was OK, but I wanted to score goals, too. I found out that I was quite good at that.

Presenter: So how did you join a girls' team?

Anna: My mum helped there. Somebody told her that there was a new girls' team and they were looking for players. I went and gave it a try. It was good, really good. I liked the practice and our trainer, Emma, showed me and the other girls a lot of tricks. She's a fantastic trainer. She played for England when she was younger.

Presenter: Do you also want to play for England, I mean in the national team, when you're older?

Anna: Yes, I would love to. But I don't know if I'm good enough. Playing for England would mean that I have to spend a lot of time on the sports field.

Presenter: How often do you train?

Anna: Football practice is twice a week, plus matches at the weekend. And the team meets in the park on Fridays to go running. My mum thinks that's enough, but if I want to play at a higher level, then I'll have to practice every day.

Presenter: Every day? That's a lot. What do your parents say about that?

Anna: As long as I'm doing OK at school, it's not a problem. They worry that I might get injured. Football can be quite dangerous.

Presenter: I see. What about injuries? Have you ever been hurt badly?

Anna: Two years ago, I broke my left leg. I didn't see a hole on the field. First the doctor said it was broken badly and that I could never play football again. Luckily, he was wrong. I couldn't train for two months, but then everything was just fine. In my first match after I was injured I scored three goals.

Presenter: That's what you call a hat-trick, don't you?

Anna: That's right, three goals in one game is a hat-trick.

Presenter: Thanks for talking to us, Anna. All the best. Bye.